Please help support a wonderful and fantastic person, Justin Rankin. He is raising funds to attend Turkey to represent team USA Para- Tae Kwon Do and future events All money raised will support Justin an training that will aid him in his goals as a USA Para athlete



JUSTI N RANKIN WAS BORN WITH CEREBRAL

PALSY; LIMITING THE FUNCTION OF HIS LOWER **EXTREMITIES, HOWEVER, DESPITE THE PHYSICAL** CHALLENGES OF HIS DISABILITY HE HAS BEEN PURSUING HIS PASSION AND TRAINING IN THE MARTIAL ARTS OVER THE PAST 25 YEARS. THE WORLD TAEKWONDO FEDERATION HAS IDENTIFIED **MR. RANKIN AS A MEMBER OF THE INTERNATIONAL USA PARA TAEKWONDO TEAM AND FUTURE CANDIDATE FOR THE USA PARALYMPICS TEAM IN** TOKYO 2020. CURRENTLY, HE IS IN THE EARLY **STAGES OF PLANNING FOR THE INCREASING** DEMANDS OF TIME AND FINANCES NEEDED FOR TRAINING AND TRAVELING TO COMPETITIONS. MR. RANKIN HOLDS A PURPLE BELT IN THE AMERICAN TAEKWONDO ASSOCIATION AND WAS A TRAINEE INSTRUCTOR AS WELL AS LEADER FOR THE ADAPTIVE MARTIAL ARTS AT ATA XMA MARTIAL ARTS. HE ALSO HOLDS A 1ST DAN BLACK BELT IN JIDOKWAN/KUKKIWON TAEKWONDO AND COMPETES AS PART OF THE USA PARA TAEKWONDO. HE IS AN INSTRUCTOR FOR TRINITY TAE KWON DO ACADEMY

AND FOR ANTHONY'S ADAPTIVE MARTIAL ARTS, AND IS APART OF THE ADAPTIVE MARTIAL ARTS ASSOCIATION (AMAA). HE HOLDS COMPETITION TITLES IN POOMSAE AND WEAPONS. JUSTIN EARNED TWO GOLD MEDALS IN HIS US OPEN

DEBUT AND IOWA STATE CHAMPIONSHIPS,

HOWEVER, DUE TO THE NATURE OF THE DISEASE, HE IS AWARE IT COULD CHANGE AT ANY TIME. HE TRAINS 5-6 DAYS PER WEEK, FOCUSING ON STRENGTHENING AND PERSEVERING THROUGH HIS DISABILITY. HE DEDICATES THE MAJORITY OF HIS TIME ON A DAILY BASIS TO IMPROVING HIS SKILLS AND DEVELOP WAYS TO ADAPT THE MARTIAL ARTS FOR HIMSELF AND OTHERS. WITH HIS EXPERIENCE, MR. RANKIN PLANS TO DEVELOP A PROGRAM TO ASSIST OTHERS OF ALL ABILITIES IN THEIR COMPETITIVE ENDEAVORS FOR TAEKWONDO, PRIMARILY FOCUSING ON THE PARA TAEKWONDO ATHLETES.

MR. RANKIN ATTENDED HIS FIRST NATIONAL

COMPETITION THIS YEAR, RESULTING IN A WHIRLWIND OF UNEXPECTED OPPORTUNITIES AND, IN ADDITION TO THE HONORS PREVIOUSLY STATED. HE EARNED 2 GOLD MEDALS. AS OF JUNE 17, 2018, HE IS RANKED #1 IN HIS DIVISION IN THE USA AND THE WORLD. MR. RANKIN PROUDLY SIGNED HIS **CONTRACT WITH USA TAEKWONDO ON JUNE 18,** 2018. THE NEXT PHASE OF HIS CAREER REQUIRES TOURNAMENT PARTICIPATION AT AN INTERNATIONAL LEVEL IN ORDER TO MAINTAIN A **QUALIFYING WORLD RANKING. IN ORDER FOR HIM** TO MAINTAIN AND IMPROVE HIS RANKING HE WILL **BE REQUIRED TO TRAVEL TO INTERNATIONAL COMPETITIONS. THESE EVENTS ARE HELD AROUND** THE WORLD, THE UPCOMING COMPETITIONS HE PLANS TO ATTEND ARE THE U.S. OPEN (LAS VEGAS, NV), CANADIAN OPEN (TORONTO, CANADA), **MEXICAN OPEN, AND BRITISH TAEKWONDO** INTERNATIONAL POOMSAE CHAMPIONSHIPS. EVEN WITH TRYING TO KEEP COSTS DOWN, THE COST OF TRAVEL AND TOURNAMENTS WILL BE SIGNIFICANT. THE INTERNATIONAL COMPETITIONS ARE GOING TO BE AMAZING AND IMPORTANT TO **EXPERIENCE, BUT COSTS ARE GOING TO BE INCREDIBLE FOR HIM AS WELL. ANY AMOUNT OF** SPONSORSHIP WOULD BE GREATLY APPRECIATED.

TOURNAMENT EXPERIENCE CONT. 2018 USAT NATIONAL PARA TEAM MEMBER (+58KG P31)

2018 PAN-AM: POOMSAE (58 BLACK BELT)-SIVER P31 2018 USAT NATIONAL CHAMPION: POOMSAE (58 BLACK BELT) GOLD P31 2018 WISCONSIN STATE CHAMPIONSHIPS: POOMSAE (P50 RED BELT) - SILVER 2018 USA TAEKWONDO IOWA STATE CHAMPION: POOMSAE (P50 RED BELT) - GOLD 2018 U.S OPEN: POOMSAE (P50 RED BELT) - GOLD 2016 SANTA ROSA TOURNAMENT: POOMSAE, WEAPONS, EXTREME MARTIAL ARTS - GOLD

WEB LINKS MARTIAL ARTS SCHOOL FACEBOOK: <u>HTTPS://</u> <u>WWW.FACEBOOK.COM/TRINITYTKDACADEMY/</u> ATHLETE FACEBOOK BLOG: <u>HTTPS://</u> <u>WWW.FACEBOOK.COM/REDWOLFTKD</u>